

KS4 – Year 11 – Health and Social Care

Term	Topic Titles	Brief Overview
1&2	Component 3: Health and Wellbeing	Learners will explore the factors that affect health and wellbeing, learning about physiological and lifestyle indicators, and person-centred approaches to make recommendations to improve an individual's health and wellbeing. Component 3 exam accounts for 40% of final grade.
3	Revision	In the final few weeks before external exams start and during the first few weeks of the exams, students focus on structured revision activities.