



5th October 2023

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Dear Parents/Guardians

Online Safety

During this 2-week period, through assemblies and form time activities, we are talking with the pupils about how to keep themselves and others safe online. This covers several main areas:

- 1) Being kind in their posts and interactions - using the 'THINK' acronym:
 - T** – is it **true**?
 - H** – is it **helpful**?
 - I** – is it **inspiring**?
 - N** – is it **necessary**?
 - K** – is it **kind**?
- 2) Considering their digital footprint
- 3) Thinking before they share personal information, such as their address, school or date of birth
- 4) The dangers and legalities of 'sexting', the sharing of sexual messages, photos or videos.

As pupils' phone usage is predominantly outside of school hours, we wanted to share this with you so that you are able to reiterate these messages at home. If you would like more support with discussing online safety, you may find the links below helpful:

- UK Safer Internet Centre - <https://saferinternet.org.uk/> - here you will find information and guidance relating to helping children and young people stay safe online
- Childline - <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/> - has some resources on a variety of online safety areas
- NSPCC <https://www.nspcc.org.uk/keeping-children-safe/online-safety/talking-child-online-safety/> - has advice and guidance on how to talk to young people about their online use

If you wish to raise any concerns or worries, please contact your child's Head of Year in the first instance, via office@arden.solihull.sch.uk

Best wishes

Katy Berry

Director of Pastoral Care

